Refund/Cancellation Policy:
Course refund will be given (minus 15% administration charge) if written cancellation is received by 02/01/2013. No refund will be given after that date. The course sponsors reserves the right to cancel the course for due cause. Cancellation by sponsors will result in a full refund of course fees. Confirmation will be sent upon receipt of registration form and course fee.

Please send a copy of this form with your check, money order, or VISA/MASTER card made payable to:

South Coast Therapy, Inc.
11105 Knott Avenue, Suite A
Cypress, California 90630
Phone: 714/893-7399
Fax: 714/893-7389
E Mail: sctpeds@cox.net
www.southcoasttherapyinc.com

Conference Registration Form
(Please print clearly)
Name: ________________________
Discipline: ________________________
Address: ________________________
________________________________________
________________________________________
Phone: ________________________
Fax: ________________________
E-mail: ________________________
Facility Name: ________________________
Fees Enclosed: ___$400.00
Name on Card ________________________
Card # ________________________
Exp Date ____/____

COURSE FEES: $400.00
Enrollment is limited
Participants are accepted on a first come first served basis
Application Deadline February 1, 2013

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South Coast Therapy and Children's Hospital of Orange County Presents
Torticollis: Assessment and Treatment of Infants and Children
by Cindy Miles PT, MEd, PCS
March 2nd-3rd, 2013
Held At
Children’s Hospital of Orange County
455 S. Main Street
Orange, CA 92868
In the Wade Center
**Torticollis**

**Assessment and Treatment of Infants and Children**

*Cindy Miles, PT, MEd, PCS*

**Course Description:**

This course will concentrate on effective treatment schemes for infants and young children with a diagnosis of torticollis with or without plagiocephaly, including challenging cases. Participants will analyze the implications of torticollis, sleep posture and increased use of positional devices on infant postural and motor development. Clinical pathways for management of infant head shape, diagnostic procedures and surgical intervention will be appraised. Functional, clinically oriented evaluation and evidence based treatment strategies that can be integrated into play will be provided. Emphasis on home exercise programs and effective strategies to team with parents to ensure follow through will be explored. Learning opportunities for therapists and medical professionals involved in pediatrics will transpire through lecture, case reports, group problem solving and video review.

**Upon completion of this course,** participants will be able to:

1. Identify the impact of torticollis on the acquisition of motor skills and midline postural development.
2. Discuss the relationship of “the change in sleep posture” and the effects of increased positional devices to postural development.
3. Discuss the impact on head shape that may be present with a diagnosis of torticollis as well as solutions to combat; including helmet use.
4. Implement current evidenced based interventions for torticollis.
5. Incorporate parent input when establishing individualized goals and a home exercise program.

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**Course Schedule:**

<table>
<thead>
<tr>
<th>Saturday</th>
<th>8:00 - 8:30</th>
<th>Registration</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:30 - 10:30</td>
<td>Diagnostic Procedures Etiology, Pathophysiology, Incidence</td>
<td></td>
</tr>
<tr>
<td>10:30 - 10:45</td>
<td>Break</td>
<td></td>
</tr>
<tr>
<td>10:45 - 12:30</td>
<td>Anatomy Review</td>
<td></td>
</tr>
<tr>
<td>12:30 - 1:30</td>
<td>Lunch</td>
<td></td>
</tr>
<tr>
<td>1:30 - 3:15</td>
<td>Differential Diagnosis</td>
<td>Motor/Visual Development</td>
</tr>
<tr>
<td>3:15 - 3:30</td>
<td>Break</td>
<td></td>
</tr>
<tr>
<td>3:30 - 5:30</td>
<td>Assessment</td>
<td>Documentation</td>
</tr>
<tr>
<td><strong>Sunday</strong></td>
<td>8:00 - 8:30</td>
<td>Registration</td>
</tr>
<tr>
<td>8:30 - 10:30</td>
<td>Impact on Development/Compensatory Postures</td>
<td></td>
</tr>
<tr>
<td>10:30 - 10:45</td>
<td>Break</td>
<td></td>
</tr>
<tr>
<td>10:45 - 12:30</td>
<td>Treatment: Clinical Pathways/Protocols/Outcomes</td>
<td></td>
</tr>
<tr>
<td>12:30 - 1:30</td>
<td>Lunch</td>
<td></td>
</tr>
<tr>
<td>1:30 - 3:15</td>
<td>Treatment: (continued) Manual Techniques</td>
<td>Positioning</td>
</tr>
<tr>
<td>3:15 - 3:30</td>
<td>Break</td>
<td></td>
</tr>
<tr>
<td>3:30 - 5:00</td>
<td>Botox</td>
<td>Surgical Intervention</td>
</tr>
</tbody>
</table>

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**Course Instructor**

*Cindy Miles, PT, MEd, PCS,* has been serving the pediatric population since 1977; established her pediatric private practice in 1981 where she and her staff are recognized for their pediatric clinical experience. Cindy is a graduate of the University of Pittsburgh, School of Health Related Professionals and a graduate of East Stroudsburg University with a Master of Education in exercise physiology. She is currently a Doctoral candidate at Rocky Mountain University. Cindy is Board Certified by the American Board of Physical Therapy Specialties as a Pediatric Clinical Specialist, specializing in treating children; birth thru young adults. Cindy has completed the eight week Pediatric NeuroDevelopmental training course and the Advanced Infant course. Presently, Cindy is Treasurer of the Pediatric Section of the APTA, serves as Chair of the Section on Pediatrics Annual Conference (SoPAC) and “Goofy for Exercise” Committee, and is a member of the Section on Pediatrics’ Task Force on Guidelines for Exercise for Children.

**Target Audience:** Physical Therapists, Physical Therapy Assistants, Occupational Therapists, Certified Occupational Therapy Assistants, Nurses, Service Coordinators, Early Intervention Teachers

This course provides 14.5 Contact Hours South Coast Therapy is a California Physical Therapy is a California Occupational Therapy Board CEU Provider. This course meets the California Occupational Therapy Board requirements for continuing education.